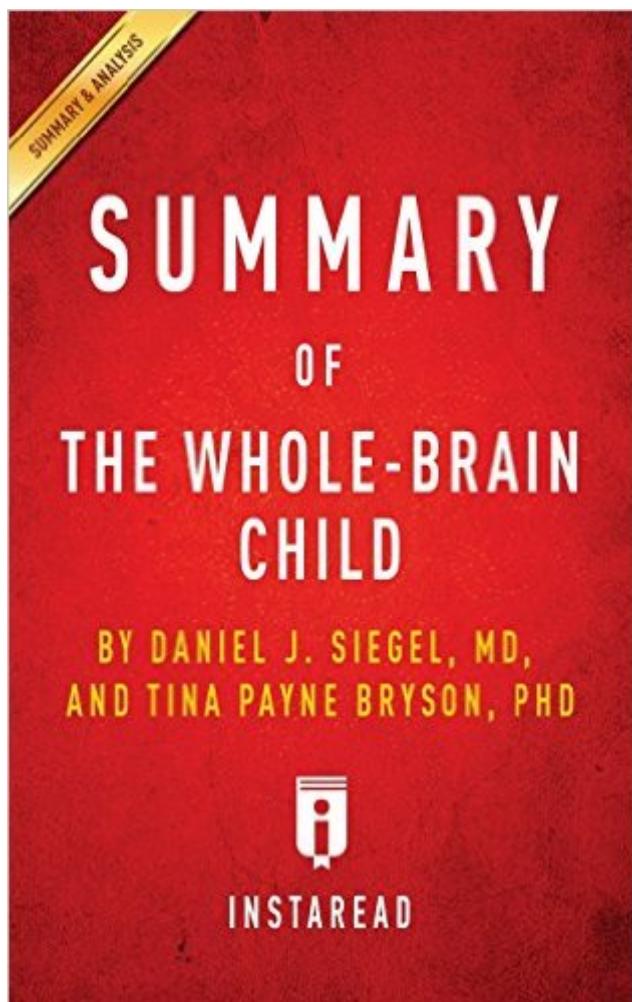


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Summary Of The Whole-Brain Child: By Daniel J. Siegel And Tina Payne Bryson Includes Analysis



Book Information

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Customer Reviews

I loved this summary! I am always looking for parenting advice, and this book is full of wonderful ideas. This parenting technique involves integrating all four parts of the child's brain in "challenging or joyous times". For instance, if a child is throwing a tantrum, it is best to appeal to their right brained emotional state before moving onto their left brained logical state. If a child feels understood, it will calm them and help them think more rationally. The summary is divided into eleven key takeaways that highlight the main points of the original book. Instaread also provides an analysis of each key takeaway. I enjoyed reading the analysis because it also provided examples to help illustrate the ideas. I highly recommend this summary. I want to go and buy the book! I received a free copy of this book in exchange for a review.

Raising children is among the most difficult of tasks. But, Daniel J. Siegel and Tina Payne Bryson, in their book, *The Whole-Brain Child*, offer sage advice on the whole-brain approach to parenting. The 12 parenting strategies they outline can be used to teach a child how to use his or her whole brain, and can be applied from birth to age 12. Summary of *The Whole-Brain Child* by Daniel J. Siegel and Tina Payne Bryson by Instaread is an analysis of this book, with discussions of the main themes; the 12 parenting strategies, and an overview of the authors' style and credentials. This is a great help to anyone who would like to get a look inside a book without having to buy it first. I received a complimentary copy of this book in exchange for my unbiased review.

This is an overview of the actual book "The Whole-Brain Child." Kind of like an abbreviated Cliff's Notes for the full book. It provides a potential reader enough information regarding this book's content to determine if we want to invest the extra money and time to actually buy and read the entire book. The authors are both accomplished scientists who have made a "determined and revealing" physiological examination of our brain functions anatomically, then make practical suggestions on how you can help maximize your child's learning and skill ability to retain knowledge and information at a much earlier age. At .99 cents, this summary is a good value, which is one of the reasons I have personally found Instaread to be a valuable service.

As usual the Instaread is THE way to read this book. Instaread continues to offer an invaluable service by summarizing these big books down into small digestible chunks that can be read in one sitting. I love that I can consume an entire book in about 20 minutes and then know what I am talking about at the next social event. Brilliant! "The Whole-Brain Child" is for sure an interesting read. I have 6 kids. So, I was game to try to understand a better way of handling those tricky situations. This book provides new insight into dealing with a child that is far from being illogical. As a marriage and family therapist, I was quite impressed with the 12 steps laid out herein in order to lead to better interactions and stronger relationships with our children. Awesome! I did receive this book in exchange for an honest and unbiased review!

This summary is great with the 11 key takeaways summed up by a short description and an analysis that includes example(s) for each takeaway. The overview mentions the four quadrants of the brain without explaining what they correspond to, causing some frustration, but the list of takeaways soon makes it clear that the right-brain is related to emotional reaction, left-brain logical perspective, and a connection between the upstairs-brain and down-stair brain goes a long way for a child/person's emotional development. The analysis of each takeaway is simple to understand with the right example and the right scientific term/concept mentioned at the right time. The summary makes me want to read the actual book.

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